NEW

LIA: LIFE INVENTORY ASSESSMENT

Visually SEE a snapshot of YOUR LIFE as it is RIGHT NOW, prioritize action, and see your progress towards a HAPPIER and more purposeful existence.

LIFE Sense Making Tool that is



Quick 15-20 min. Assessment



Interactive Life Map (online)



Personalized 80+ page Report



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profession My Social Life: friends &

My Immediate Family Life as a parent or grandparent,

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Unlock Your Life: Mapping Tool





Life Inventory Assessment (LIA): WHITE PAPER

LIA: What Is It and Who It's For

WHAT the Life Inventory Assessment (LIA) is

The Life Inventory Assessment is a concise yet powerful tool that delivers a snapshot of your life, revealing actionable insights. By organizing 13 life categories in order of importance and rating the 5 well-being measures of happiness, time alignment, engagement, capabilities, and emotional activation, the LIA produces a personalized Life Map. This visual representation highlights your current life priorities and fulfillment levels, guiding you to a more purposeful and happier existence.

Key Features

- Quick Assessment: Complete the LIA online in just 15-20 minutes.
- 2. Interactive Life Map: Access an online, visual representation of your life across 13 categories.
- 3. **Personalized Life Map Report**: Download an 80+ page PDF report providing detailed insights and guidance based on your assessment results.

Common Benefits

- Save Time and Money: Quickly gain a comprehensive understanding of your life.
- Gain Insight: Build conscious awareness of your current life situation's 'snapshot'.
- <u>Identify</u> Strengths and Weaknesses: See areas of success and areas needing improvement.
- Clear Priorities: Helps you prioritize what to focus your growth efforts on next.
- **Progress Tracking**: Monitor changes and improvements over time with regular retakes.

WHO a Life Inventory Assessment (LIA) is for

Anyone looking to gain a deeper understanding of their life and enhance their overall well-being.

- Personal Growth Seekers: Easily identify "next step" growth areas and track progress.
- <u>Life Transition</u> Navigators: Plan your next steps with direction, clarity, and confidence.
- <u>Professionals</u> and Entrepreneurs: Manage stress, enhance leadership, and productivity.
- Young Adults and Students: Start early, craft the life you want most to live, monitor progress.
- <u>Couples</u> and Families: Improve relationships and family dynamics through understanding.
- <u>Coaches</u> and Therapists: Understand clients better, tailor guidance, improve communication.
- Stuck or Unfulfilled Individuals: Gain a clear picture and actionable insights.

NEXT STEPS for those who feel like LIA might be a good fit for them

- Investment of **TIME** (15-20 min. assessment) and **MONEY** (as low as \$8^{.08} per month).
- Learn more at: https://RawbLove.com/LIA/